



Clinical Study Summary

DEV/CCM/03058.2007

CT Registry ID#: NCT00295022			
Study No.: A00414			
<i>These results are supplied for informational purposes only. Prescribing decisions should be made based on the approved package insert.</i>			
Based on Clinical Study Report document reference code: RXCE07F0521			
Proprietary Drug Name Xyzal [®] Tablets	INN Levocetirizine dihydrochloride	Therapeutic area and indication(s) Seasonal Allergic Rhinitis in ragweed sensitive subjects	
Name of Sponsor/Company: UCB Pharma S A			
Title of Study: Double-blind, three parallel randomized groups, therapeutic confirmatory clinical trial to compare the efficacy of oral levocetirizine 5 mg and montelukast 10 mg to placebo in reducing symptoms of seasonal allergic rhinitis in ragweed sensitive subjects exposed to ragweed pollen in an environmental exposure unit			
Investigator(s) (number only):	1		
Study Center(s) (number only):	1		
Length of Study:		Phase of Development:	Phase III (therapeutic confirmatory study)
Date first patient enrolled:	29-Jul-2006		
Date last patient completed:	01-Oct-2006		
Abstract:			
<p>The primary study objective was to compare the efficacy of levocetirizine 5 mg and montelukast 10 mg as measured by the mean change from Baseline in the Major Symptom Complex (MSC) score over Period I (Day1, from drug intake to five hours post-treatment).</p> <p>The Study consisted of three phases: Phase I (Screening visit); Phase II (Priming exposure) and Phase III (Randomization). During Phase II unmedicated response after exposure to ragweed pollen in the environmental exposure unit was assessed by the eligibility criteria. During Phase III eligible subjects were randomized to the double-blind treatment and exposed to pollen (concentration 3500 ± 500 grains/m³) for seven hours on Day 1 and six hours on Day 2.</p> <p>The subjects were male or female adults, <i>i.e.</i> aged ≥ 18 years with a clinical history of seasonal allergic rhinitis due to ragweed for the last two consecutive years (<i>i.e.</i> last two ragweed pollen seasons); a documented seasonal allergy to ragweed pollen (positive skin test ≥ 3 mm larger than the negative control) performed at the Screening Visit or within 12 months of the Screening Visit; and a Total Symptom Complex Score ≥ 18 points over the combined three half-hourly post-pollen evaluations during priming exposure and over the combined three half-hourly pre-treatment evaluations during the pollen challenge.</p> <p>The subjects were given levocetirizine 5 mg, montelukast 10 mg or placebo on Day 1 and Day 2 of the pollen challenge, 2 hours and 1.5 hours, respectively, after the start of exposure.</p> <p>The primary efficacy variable was analyzed using an analysis of covariance (ANCOVA) on the Intention-to-Treat (ITT) population. The pair-wise treatment group differences were estimated by the difference in Least Square means together with 95% Confidence Interval (CI).</p> <p>Safety assessments included physical examinations, adverse events and vital signs on the ITT population.</p>			
Number of Subjects:	LCTZ	MLKT	PBO
Planned, N:	151	151	101
Enrolled, N:	157	156	105
Completed, n (%):	156 (99.4%)	151 (96.8%)	104 (99.0%)
Number of Subjects Withdrawn, n (%):	1 (0.6%)	5 (3.2%)	1 (1.0%)
Adverse Events, n (%):	1 (0.6%)	2 (1.3%)	1 (1.0%)
Withdrawal of consent, n (%):	0 (0.0%)	2 (1.3%)	0 (0.0%)



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Lost to follow-up, n (%):	0 (0.0%)	1 (0.6%)	0 (0.0%)
Demography			
Gender (Females/Males)	101/56	89/67	60/45
Age (years), mean (SD):	34.95 (11.98)	32.98 (11.72)	35.41 (11.74)
Caucasian, n (%):	150 (95.5%)	153 (98.1%)	102 (97.1%)
Safety Outcomes:			
Summary of treatment emergent adverse events, deaths, other serious adverse events and certain other significant adverse events:			
Forty subjects had treatment-emergent AEs (TEAEs), among them 13 were in the levocetirizine 5 mg group. In this group, 3.8% of subject presented TEAEs that were considered related to study medication (compared to 2.9% in the placebo group and 5.8% in the montelukast 10 mg group). The number of subjects with at least one TEAE leading to permanent study drug discontinuation was one in the levocetirizine 5 mg group (one in the placebo group and two in the montelukast 10 mg group). The most frequent AE that occurred during treatment was 'Headache'. No other AE occurred in more than 2% of subjects. Neither death nor SAEs occurred throughout the Study. No clinically relevant changes in vital signs were noted.			
Treatment Emergent Adverse Events (ITT population):	LCTZ (N = 157)	MLKT (N = 156)	PBO (N = 105)
Subjects with at least one TEAE, n (%):	13 (8.3%)	18 (11.5%)	9 (8.6%)
Subjects with a TEAE that led to permanent study drug discontinuation, n (%):	1 (0.6%)	2 (1.3%)	1 (1.0%)
Subjects with TEAEs, n (%) [<i>considered drug-related by the Investigator</i>]: (<i>by Primary System Organ Class</i>)	6 (3.8%)	9 (5.8%)	3 (2.9%)
Eye disorders, n (%):	0 (0.0%)	1 (0.6%)	0 (0.0%)
Gastrointestinal Disorders, n (%):	1 (0.6%)	1 (0.6%)	0 (0.0%)
General Disorders and Administration Site Conditions, n (%):	2 (1.3%)	1 (0.6%)	0 (0.0%)
Musculoskeletal and connective tissue disorders, n (%):	0 (0.0%)	0 (0.0%)	1 (1.0%)
Nervous System Disorders, n (%):	1 (0.6%)	4 (2.6%)	0 (0.0%)
Psychiatric Disorders, n (%):	1 (0.6%)	0 (0.0%)	0 (0.0%)
Respiratory, thoracic and mediastinal disorders	0 (0.0%)	2 (1.3%)	1 (1.0%)
Skin and subcutaneous tissue disorders, n (%):	1 (0.6%)	1 (0.6%)	1 (1.0%)
Vascular disorders, n (%):	0 (0.0%)	1 (0.6%)	0 (0.0%)
Primary Outcome:			
The comparison of change from Baseline of the MSC score during Period I indicated a difference between levocetirizine 5 mg and montelukast 10 mg, in favor of levocetirizine 5 mg, but this difference was not statistically significant. However, there was a marked and statistically significant improvement in change from Baseline in the MSC score for the comparison between levocetirizine 5 mg and placebo, in favor of levocetirizine 5 mg.			
ANCOVA on Period I	Difference LCTZ vs. MLKT (ITT population)	Difference LCTZ vs. PBO (ITT population)	
Adjusted Mean [95% CI]	-0.93 [-2.04; 0.18]	-3.12 [-4.35; -1.88]	
p-value	0.100	<0.001	
Publication Reference(s) based on the study: None			
Date of Report : 30-Aug-2007			