

UCB: our commitment to people with epilepsy

Epilepsy affects about 50 million people worldwide.

UCB supports educational initiatives around the world aimed at reducing the stigma and dispelling the myths associated with epilepsy, so that more patients can seek help without fear of prejudice.

Live Beyond Epilepsy

Live Beyond Epilepsy is a UCB awareness and educational initiative, designed to help empower people with epilepsy, to encourage physicians to see patients beyond their seizures, and to improve public perceptions and understanding of epilepsy.



Live Beyond Epilepsy brings together a series of epilepsy patient programmes and resources, supported by UCB. These include:

Future in Mind

Future in Mind is an educational initiative by the International Bureau for Epilepsy (IBE) to raise awareness about the challenges and consequences of childhood epilepsy. A survey carried out in 16 countries, as part of this initiative, revealed that a third of children and teenagers kept their epilepsy a secret, as did almost a quarter of their parents.



Also part of Future in Mind is the Critical Years Review – a review of published evidence on childhood epilepsy which explores the impact of seizures on brain and cognitive development, educational and academic performance and psychosocial and behavioural outcomes.

Freedom in Mind

Freedom in Mind is an artistic project from UCB and the IBE which calls upon people with epilepsy to express what 'freedom from seizures' means to them. Dozens of pictures and photographs from around the world are on show at the Freedom in Mind website www.freedominmind.com and are regularly exhibited at international congresses.



Information about Epilepsy

UCB provides a range of useful booklets about epilepsy and its treatment which have been translated into many languages.

- What is Epilepsy?
- Children, Adolescents and Epilepsy
- Women and Epilepsy
- Elderly and Epilepsy
- Epilepsy Diary
- Living well with Epilepsy
- Be Inspired - The inspiring experiences of people living with epilepsy

► Fact Sheet

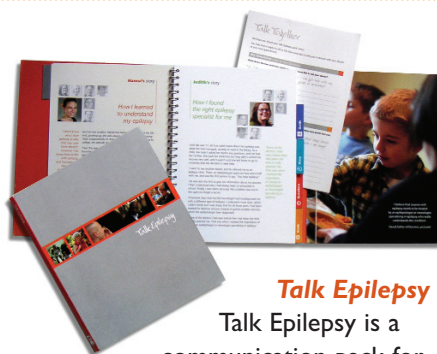
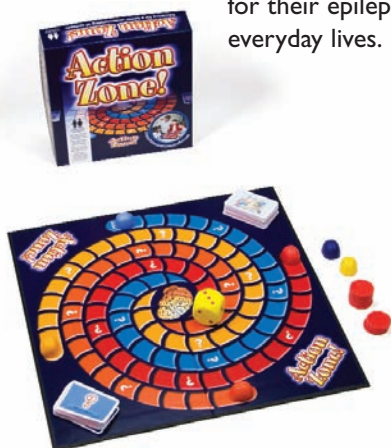
Epilepsy Ambassador Programme

Epilepsy Ambassadors are people with epilepsy, caregivers and advocates who have volunteered to share their experience of living beyond their epilepsy, in order to help empower others to do the same. At congresses, support group meetings and other events, they are inspiring audiences with their stories.

To hear from the ambassadors please visit www.livebeyondepilepsy.com

Action Zone!

Action Zone!™ is a unique educational game about epilepsy which UCB has developed in collaboration with the IBE. It is designed to educate children of 5 years and over about epilepsy. The game has been translated into a number of languages.



Talk Epilepsy

Talk Epilepsy is a communication pack for people with epilepsy to help them initiate open dialogue with their epilepsy specialist.

The Talk Epilepsy pack contains simple tools, including an epilepsy diary and a question list, to help patients to collaborate with their doctor in identifying and achieving realistic goals for their epilepsy care and for their everyday lives.

live **B**eyond
Epilepsy™

A UCB Epilepsy Educational
and Awareness Programme

BE Aware

BE Educated

BE Empowered

Visit www.livebeyondepilepsy.com

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