

Maladies inflammatoires chroniques : Répercussions et fardeau

AVANTAGE
POUR
ELLE

Dans sa définition des maladies inflammatoires chroniques, la campagne *Avantage pour Elle* met l'accent sur :

- La polyarthrite rhumatoïde
- La spondyloarthrite axiale (y compris la spondyloarthrite ankylosante et la spondyloarthrite axiale non radiographique)
- Le rhumatisme psoriasique
- Le psoriasis



Les causes de ces maladies inflammatoires chroniques¹

Ces maladies inflammatoires chroniques sont causées par une inflammation prolongée, durant plusieurs mois à plusieurs années, qui résulte de l'action du système immunitaire pour éliminer des stimuli nocifs.



Les symptômes fréquents de ces maladies¹

Douleurs, lésions articulaires, fatigue constante, complications gastro-intestinales et infections fréquentes.



Répercussions potentielles de ces maladies^{1,2,7-17}

- Dommages articulaires
- Perte de fonction
- Qualité de vie réduite
- Risque accru de dépression, d'anxiété et de stress
- Risque accru de diabète ou de maladie cardiaque

Le saviez-vous ?

Les maladies chroniques peuvent exacerber les symptômes de la dépression, et les troubles dépressifs peuvent conduire à des maladies chroniques.¹⁸

Ces maladies inflammatoires chroniques touchent plus de 180 millions de personnes dans le monde¹⁹⁻²¹



Les femmes sont particulièrement touchées par ces maladies inflammatoires chroniques

La polyarthrite rhumatoïde est 3 fois plus fréquente chez les femmes que chez les hommes.²²



Il est important que toute personne atteinte de ces maladies inflammatoires chroniques travaille de concert avec le spécialiste qui la suit à l'élaboration d'un plan de soin à long terme adapté à ses besoins individuels.



Les femmes atteintes de psoriasis éprouvent un plus grand sentiment de stigmatisation et sont plus susceptibles que les hommes de souffrir de stress et de solitude.^{23,24}

Les femmes atteintes de spondyloarthrite axiale peuvent :

- Faire face à des délais plus longs pour obtenir un diagnostic
- Présenter une fatigue accrue
- Être moins actives en conséquence
- Ressentir des douleurs, de l'anxiété et un stress plus importants

Les femmes disposent souvent d'informations limitées sur la meilleure façon de prendre en charge leur affection tout au long de la vie.²⁹

#AvantageHers

ucb Inspired by patients.
Driven by science.

Références

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