

Bolile inflamatorii cronice: Impact și povară



Advantage HERS axează definiția bolilor inflamatorii cronice pe:

- Artrita reumatoidă
- Spondiloartrita axială (inclusiv spondilita anchilozantă și spondiloartrita axială non-radiologică)
- Artrita psoriazică
- Psoriazis



Cauzele acestor boli inflamatorii cronice¹

Acste boli inflamatorii cronice sunt cauzate de inflamația pe termen lung, care durează între luni și ani de zile, care provine de la lupta sistemului imunitar împotriva stimulilor nocivi.



Sимptome frecvente ale acestor boli¹

Durere, leziuni articulare, oboselă constantă, complicații gastrointestinale și infecții frecvente.

Ştiați că?

Persoanele diagnosticate cu boli inflamatorii cronice se află la risc pentru a dezvolta o altă afecțiune asociată.²⁻⁶

Posibilul impact al acestor bolii^{1,2,7-17}

- Leziuni articulare
- Pierdere functionalității
- Scădere calității vieții
- Risc crescut de depresie, anxietate și stres
- Risc crescut de diabet sau boli cardiace

Ştiați că?

Bolile cronice pot exacerbă simptomele depresiei și afecțiunile depresive pot duce la boli cronice.¹⁸

Acste boli inflamatorii cronice afectează >180 de milioane de persoane în întreaga lume¹⁹⁻²¹



Femeile sunt în special afectate de aceste boli inflamatorii cronice

Artrita reumatoidă este de 3 ori mai frecventă la femei decât la bărbați.²²



Este important ca orice persoană care trăiește cu aceste boli inflamatorii cronice să colaboreze cu specialistul său, pentru dezvoltarea unui plan de joc pe termen lung cu privire la boala personalizat pentru nevoile sale individuale.



Femeile cu psoriazis manifestă un sentiment de stigmatizare mai puternic și sunt mai predispușe la stres și singurătate decât bărbații.^{23,24}

Femeile cu spondiloartrită axială pot:^{6,24-28}

- Întâmpina întârzieri lungi ale diagnosticului
- Manifestă grade mai mari de oboselă
- Fi mai puțin active, în consecință
- Manifestă grade mai mari de durere, anxietate și stres

Femeile dețin deseori informații limitate referitoare la cum să își gestioneze cel mai bine boala pe parcursul vieții lor.²⁹

#AdvantageHers



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Driven by science.

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