

Malattie infiammatorie croniche: impatto e carico

**ADVANTAGE
HERS**

Advantage Hers si concentra sulla definizione delle malattie infiammatorie croniche riguardo:

- Artrite reumatoide
- Spondiloartrite assiale (incluse spondilite anchilosante e spondiloartrite assiale non radiografica)
- Artrite psoriasica
- Psoriasi

Lo sapevate?

Le persone affette da queste malattie infiammatorie croniche sono a rischio di sviluppare un'altra malattia correlata.²⁻⁶



Le cause di queste malattie infiammatorie croniche¹

Queste malattie infiammatorie croniche sono causate da un'inflammatione a lungo termine che dura mesi o anni e che ha origine dal sistema immunitario, il quale combatte gli stimoli nocivi.



I potenziali effetti di queste malattie^{1,2,7-17}

- Danno articolare
- Perdita di funzionalità
- Ridotta qualità della vita
- Aumento del rischio di depressione, ansia e stress
- Aumento del rischio di diabete o cardiopatie



I sintomi comuni di queste malattie¹

Dolore, danno articolare, stanchezza costante, complicanze gastrointestinali e frequenti infezioni.

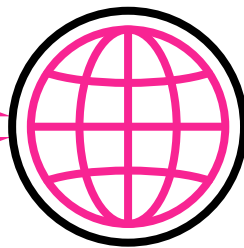
Lo sapevate?

Le malattie croniche possono esacerbare i sintomi della depressione e i disturbi depressivi possono portare a malattie croniche.¹⁸

Queste malattie infiammatorie croniche colpiscono più di 180 milioni di persone in tutto il mondo¹⁹⁻²¹

Artrite reumatoide
~23,7 milioni

Artrite psoriasica
~37,5 milioni



Spondiloartrite assiale
~più di 16,5 milioni

Psoriasi
~125 milioni

Le donne sono particolarmente colpite da queste malattie infiammatorie croniche

L'artrite reumatoide è 3 volte più comune nelle donne che negli uomini.²²



È importante che tutti coloro che vivono con queste malattie infiammatorie croniche lavorino insieme al loro specialista per sviluppare un piano d'azione a lungo termine per la malattia, che sia personalizzato in base alle loro esigenze individuali.

Le donne affette da psoriasi avvertono una maggiore sensazione di stigmatizzazione e hanno maggiore probabilità di soffrire di stress e di solitudine rispetto agli uomini.^{23,24}

Le donne con spondiloartrite assiale possono:^{6,24-28}

- Impiegare più tempo per giungere alla diagnosi
- Avvertire maggiore stanchezza
- Essere meno attive a causa della malattia
- Avvertire più dolore, ansia e stress

Le donne hanno spesso informazioni limitate su come gestire al meglio la loro malattia per tutta la vita.²⁹

#AdvantageHers

 Inspired by patients.
Driven by science.

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