

# Chronic Inflammatory Diseases: Impact and Burden



## Advantage Hers focuses the definition of chronic inflammatory diseases on:

- Rheumatoid arthritis
- Axial spondyloarthritis (including ankylosing spondylitis and non-radiographic axial spondyloarthritis)
- Psoriatic arthritis
- Psoriasis

### Did you know?

People with these chronic inflammatory diseases are at risk of developing another related condition.<sup>2-6</sup>



### Causes of these chronic inflammatory diseases<sup>1</sup>

These chronic inflammatory diseases are caused by long-term inflammation, lasting months to years, which stems from the immune system fighting off harmful stimuli.



### Potential impacts of these diseases<sup>1,2,7-17</sup>

- Joint damage
- Loss of function
- Reduced quality of life
- Increased risk of depression, anxiety and stress
- Increased risk of diabetes or heart disease



### Common symptoms of these diseases<sup>1</sup>

Pain, joint damage, constant fatigue, gastrointestinal complications and frequent infection.

### Did you know?

Chronic diseases can exacerbate symptoms of depression, and depressive disorders can lead to chronic diseases.<sup>18</sup>

These chronic inflammatory diseases affect >180 million people worldwide<sup>19-21</sup>



## Women are particularly impacted by these chronic inflammatory diseases

Rheumatoid arthritis is 3 times more common in women than in men.<sup>22</sup>



It's important anyone living with these chronic inflammatory diseases works with their specialist to develop a long-term disease game plan that is tailored for their individual needs.



Women with psoriasis experience a greater feeling of stigmatization and are more likely to suffer stress and loneliness than men.<sup>23,24</sup>

### Women with axial spondyloarthritis can:<sup>6,24-28</sup>

- Experience greater delays to diagnosis
- Experience greater fatigue
- Be less active as a result
- Experience greater pain, anxiety and stress

Women often have limited information on how to best manage their condition throughout their lives.<sup>29</sup>

#AdvantageHers

 Inspired by patients. Driven by science.

## References

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